

**MEDICAL INFORMATION**—Please fill out as completely as possible

**MOUNT KISCO FOOT SPECIALISTS, PLLC**

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Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Describe your foot problem \_\_\_\_\_

How long has it been bothering you? \_\_\_\_\_

Any past problems with your feet? \_\_\_\_\_ Any past surgical procedures on your feet? \_\_\_\_\_

Primary Care Physician \_\_\_\_\_ Telephone # \_\_\_\_\_

Address \_\_\_\_\_

Date of your last exam \_\_\_\_\_

Date of last flu vaccine? \_\_\_\_\_ Date of last pneumococcal vaccine? \_\_\_\_\_

Do you have Advanced Directives/Health Care Proxy? (Circle one) Yes No

Which pharmacy do you use? \_\_\_\_\_ Telephone # \_\_\_\_\_

**GENERAL HEALTH INFORMATION**

Current Weight \_\_\_\_\_ Height \_\_\_\_\_ Shoe Size \_\_\_\_\_

Do you exercise regularly? \_\_\_\_\_ Type of Exercise \_\_\_\_\_

Most of your day is spent ( ) sitting ( ) standing ( ) walking

Are you allergic or sensitive to:

Antibiotics (penicillin, sulfa, etc.) \_\_\_\_\_

Allergies to other medications? (please list any) \_\_\_\_\_

Have you had trouble taking aspirin or NSAIDS (Motrin, Advil, Aleve, etc.) \_\_\_\_\_

Have you had any trouble with local anesthetics (Lidocaine, Novocaine, etc.) \_\_\_\_\_

Any sensitivity to : Tape \_\_\_\_\_ Betadine (iodine) \_\_\_\_\_ Other \_\_\_\_\_

Please list medical problems you are currently being treated for \_\_\_\_\_

Please list medications (prescription and over the counter) you are currently taking \_\_\_\_\_

**PLEASE COMPLETE BOTH SIDES**

Do you have Diabetes? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, do you take insulin? Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever had any surgeries? (If yes, please list procedures performed)

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Do you have any artificial joints, heart valve implants or a heart murmur? \_\_\_\_\_

Have you been told to take antibiotics before having dental work? \_\_\_\_\_

Do you smoke or use tobacco products? \_\_\_\_\_ If yes, # packs/day and for how long

Do you have a history of tobacco use, but you have quit? \_\_\_\_\_ If yes, how long ago? \_\_\_\_\_

Do you have a history of alcohol or other substance abuse? \_\_\_\_\_

How many alcoholic beverages do you consume in a typical week? \_\_\_\_\_

**Check if you have any of the the following (circle symptoms):**

- Eyes, Ears, Nose, Throat (visual changes, hearing loss)
- Dermatological disorders (rashes, sores, blisters, growths)
- Cardiovascular disorders (chest pain or pressure, arrythmia, palpitations, shortness of breath, swelling in feet or legs, blood clots, varicose veins, cramping in thighs or legs, cold feet)
- Endocrine disorders (heat or cold intolerance, excessive thirst)
- Gastrointestinal disorders (abdominal pain, heartburn, bloody stool)
- Genitourinary disorders (frequent urination, urgency)
- Neurological disorders (numbness, tingling, loss of sensation, burning)
- Musculoskeletal disorders (joint pain or swelling, restricted motion, muscle or tendon pain or weakness)
- Respiratory disorders (shortness of breath, cough, wheezing)
- Hematological disorders (bleeding/clotting problems, abnormal bleeding)
- Psychiatric disorders (nervousness, anxiety, depression)
- Allergy/Immunology (allergic reactions, recurrent infections)
- Constitutional (recent weight loss, fever, chills)

Please list any other symptoms you are having

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**FAMILY HISTORY**

Is there a family (blood relative) history of (please list relationship)

- |  |   |
|--|---|
| <input type="checkbox"/> Diabetes _____              | <input type="checkbox"/> Heart Disease _____      |
| <input type="checkbox"/> Foot Problems _____         | <input type="checkbox"/> Bleeding Disorders _____ |
| <input type="checkbox"/> Cancer _____                | <input type="checkbox"/> Arthritis _____          |
| <input type="checkbox"/> Neurological Problems _____ | <input type="checkbox"/> Other _____              |

**Consent for Treatment**

I hereby authorize Jill Berkowitz-Berliner, DPM/Richard Berliner, DPM to perform routine podiatric procedures, including, but not limited to wart removal, ingrown toenails, administration of local anesthetic/cortisone injection, debridement and biopsy of skin lesions and/or wounds, in the management of my care. All procedures will be fully explained including risks, alternatives, benefits. This consent will remain in effect until rescinded by myself, or legal representative, in writing.

Signature \_\_\_\_\_ Date \_\_\_\_\_